

Bambalan

SUNDAY BRUNCH

AVAILABLE ALL DAY!

Bam granola, yoghurt & stewed fruits 4 (v)

Shakshouka - tomato, red pepper, chilli, baked eggs, feta, herbs, flatbread 8 (v) w/ merguez 12

Bam bacon sarnie – smoked bacon, chutney, tomato, spring onion, coriander, sourdough 6

Full Bam – grilled Toulouse sausage, streaky bacon, baked eggs, slow cooked tomato, flat mushroom, potato & chickpea hash brown, spiced beans, sourdough 10

Veggie Breakfast – grilled halloumi, baked eggs, hummus, slow cooked tomato, flat mushroom, spiced beans, flatbread 8 (v)

Grilled sourdough toppers:

- Scrambled eggs, feta, za'atar 6 (v)
- Merguez, muhammara, poached egg 8 (n)
- Crushed avocado & poached egg 7 w/ bacon 9

FROM 12PM - CLOSE

DIPS & FLATBREAD

ALL £4

Hummus – sumac, sesame (v)

Baba Ganoush – pomegranate (v)

Labneh – olive oil, green chili, dill (v)

Muhammara – roasted red peppers, walnuts & onion (v,n)

Pumpkin hummus – toasted hazelnuts (v,n)

Taster Board – All five dips plus flatbreads 10

GRILL

From the charcoal grill: chicken, lamb or aubergine served w/ mujadara (spiced rice & lentils) & fattoush:

- Rotisserie chicken, green harissa, garlic yoghurt, zata'ar
Half / whole 13 / 25

- Charcoal roasted lamb, muhammara, tahini 14 (n)

- Imam Bayaldi – charcoal roasted aubergine, spiced tomato sauce, feta, baba ganoush, garlic yoghurt 12 (v)

Big Bam burger – double beef & cheese, bacon, pickles, house seasoned fries 12

BABS

ALL £9

Served on a freshly baked flatbread with slaw, sweet jalapeño, garlic yoghurt, hummus & smoked chilli sauce

Chargrilled chicken, zata'ar, lemon

Bamba-lamb, pomegranate molasses, baharat, coriander
Halloumi, roast butternut squash & peppers (v)

Jumbo prawns, lime & coriander guacamole & chilli jam

House falafels, hummus & tahini (v)

WOOD-FIRED FLATBREADS

Rotisserie lamb, pumpkin, crispy onion, tahini, coriander 9

Charred cauliflower, pine nuts, fior di latte, tomato sauce 8

Rotisserie chicken, chorizo & artichoke 9

Garlic-braised greens, goat's cheese, soft boiled egg, lemon
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SIDES

Seasoned fries 3.5 Mujadara (spiced rice & lentils) 4

Radish, apple, fig, walnut & feta 4.5 Fattoush salad 3.5

Rose harrisa 1.5



SOMETHING SWEET

Bambalan Baklava Sundae, apple compote & vanilla ice cream **5.5 (n)**

Chestnut cake, poached pear, caramel sauce, vanilla crème fraiche **6 (n)**

Rhubarb & pistachio Eastern Mess **6 (n)**

ICES & SORBETS

2 SCOOPS FOR £4

Ice Cream -

Turkish Delight

Vanilla

Chocolate

Raspberry & white chocolate

Sorbets -

Pineapple, Ginger & Chilli

Blood Orange

Passion Fruit

Sour Cherry

KIDS MENU

KIDS MAIN + ICE CREAM £5

Chicken skewer, salad, rice & lentils

Free range chicken to help you grow your muscles!

Roast tomato and mozzarella pizza **(v)**

Super pizza for super heroes!

Cod Sticks

Breaded cod, fries and slaw

ICE CREAM

Includes one scoop of ice cream from the following selection: -

vanilla, chocolate, Turkish delight, passion fruit sorbet, blood orange sorbet

COFFEE

Fresh brewed filter coffee **2.50** a mug

Espresso / Double Espresso **2 / 2.5** Flat White **2.5**

Cappuccino **2.5** Latte **2.7** Mocha **3**

HOT CHOCOLATE & CHAI

(Please ask about our range of hot chocolates & chai)

£2.50

LOOSE LEAF TEAS

BLACK TEAS

Traditional English Breakfast Tea **1.85**

Classic blend of Ceylon and Assam. A tea for all occasions

Earl Grey Blue Star **2.2**

Natural bergamot oils, blue mallow flowers, cornflowers and a Keenum black tea

Lapsang Souchong **2.2**

Chinese Souchong smoked over a pine fire

Tiger Tea **2.2**

Assam black tea, orange peel, blackberries, apricot, sunflower

Caramel Sweetheart **2.2**

White chocolate, caramel pieces, Keenum black tea, drunk with or without milk

GREEN TEAS

Chelsea Chai **2.2**

Cardamom, ginger, cinnamon, black pepper, spearmint with a Sencha base

Regents Park **2.2**

Papaya, pineapple, strawberries, raspberries, rose petals with a green tea base

WHITE TEA

Gentle Giant **2.2**

Pai Mu Tan, ginger root, Siberian ginseng root, Jasmine flowers

Om Tea **2.2**

Pai Mu Tan, blackberries, cinnamon, nutmeg, mint

ROOIBOS & TISANES

Raspberry Vanilla **2.2**

Raspberry, vanilla pods, rose petals with a Rooibos base

Lemon Sherbert **2.2**

Lemon, orange, lime, citrus peel with a Rooibos base

Egyptian Nights **2.2**

Egyptian mint, whole Egyptian Chamomile flowers

