

Bambalan

MEZZE

ALL £5

Charcoal roasted cauliflower, harissa, tahina, hazelnuts (v,n)

Beef kofta, sweet potato hummus, pickled shallots

Grilled octopus, new potato, white beans,
mojo verde & fennel +£2

House falafels, pickled red cabbage, tahina, coriander (v)

Asparagus, broad bean, radish, soft boiled egg, Parmesan,
lemon, chilli, crisp flatbread (v,n)

DIPS & FLATBREAD

ALL £4

Hummus – za'atar (v)

Babaganoush – pomegranate, sumac (v)

Labneh – olive oil, green harissa (v)

Muhammara – roasted red peppers, walnuts, onion (v,n)

Sweet potato hummus – roasted hazelnuts (v,n)

Taster Board – All five dips plus three flatbreads 10

FLATBREAD PIZZAS

Rotisserie lamb, green peppers, chillis & harissa,
spring onions, feta 9

Grilled aubergine, halloumi, hazelnuts, za'atar 8 (v,n)

Rotisserie chicken, piquillo peppers, sobrasada, sundried
tomato, harissa oil 10

Grilled courgette, goat's cheese, cherry tomato, smoked garlic,
almonds, sumac 9 (v)

garlic yoghurt 1.5 smoked chilli sauce 1.5

GRILL / SALAD

*From the charcoal grill: chicken, lamb or aubergine served w/
mujadara (spiced rice & lentils) & fattoush:*

- Rotisserie chicken, green harissa, garlic yoghurt, za'atar
Half / whole 13 / 25

- Charcoal roasted lamb, muhammara, tahina 14 (n)

- Imam Bayaldi – charcoal roasted aubergine, spiced tomato
sauce, feta, babaganoush, garlic yoghurt 12 (v)

Whole charcoal roasted bream, tabbouleh, green harissa,
pomegranate, crispy onion 16

Big Bam burger - double beef & cheese, bacon, pickles, house
seasoned fries 12

Halloumi, carrot, couscous, harissa, hazelnut dukkah 4.5 / 9.5
+ chicken skewer + 3.5

LUNCHTIME £6 OFFER

MON – FRI, 12 – 2PM

Chargrilled chicken, za'atar, hummus, garlic yoghurt

House falafels, hummus, tahina (v)

BABS

ALL £9

*All kebabs served on a freshly baked flatbread with salad &
smoked chilli sauce*

Chargrilled chicken, za'atar, hummus, lemon, garlic yoghurt

Rotisserie lamb, baharat, hummus, tahina

BBQ mackerel, preserved lemon mayo, guacamole

House falafels, hummus, tahina (v)

Big Bam 'Bab – chargrilled chicken, rotisserie lamb, garlic
yoghurt, pickled chilli 12

SIDES

Seasoned fries 3.5 Mujadara (spiced rice & lentils) 4 Rose harissa 1.5

Fattoush salad 3.5 Halloumi 2.5

Bambalan

SOMETHING SWEET

Bambalan baklava sundae, apple compote & vanilla ice cream **5.5 (n)**

Honey & feta cheesecake, strawberry, lemon curd, crumble **6**

Raspberry & pistachio Eastern Mess **6 (n)**

ICES & SORBETS

2 SCOOPS FOR £4

Ice Cream -

Turkish Delight

Vanilla

Chocolate

Strawberry

Sorbets -

Pineapple

Sour cherry

Raspberry

Pear

KIDS MENU

KIDS MAIN + ICE CREAM £5

Chicken skewer, salad, rice & lentils

Roast tomato and mozzarella pizza **(v)**

House fish fingers, fries & peas

Cheeseburger & fries

ICE CREAM

Includes one scoop of ice cream from the following selection:

Vanilla, Chocolate, Strawberry

Or one of the following sorbets:

Pineapple, Raspberry, Pear

COFFEE

Espresso / Double Espresso **2 / 2.5**

Flat White **2.5**

Cappuccino **2.5** Latte **2.7** Mocha **3**

HOT CHOCOLATE & CHAI

(Please ask about our range of hot chocolates & chai)

£2.50

LOOSE LEAF TEAS

BLACK TEAS

Traditional English Breakfast Tea **1.85**

Classic blend of Ceylon and Assam. A tea for all occasions

Earl Grey Blue Star **2.2**

Natural bergamot oils, blue mallow flowers, cornflowers and a Keenum black tea

Lapsang Souchong **2.2**

Chinese Souchong smoked over a pine fire

Caramel Sweetheart **2.2**

White chocolate, caramel pieces, Keenum black tea, drunk with or without milk

GREEN TEAS

Chelsea Chai **2.2**

Cardamom, ginger, cinnamon, black pepper, spearmint with a Sencha base

Regents Park **2.2**

Papaya, pineapple, strawberries, raspberries, rose petals with a green tea base

ROOIBOS & TISANES

Raspberry Vanilla **2.2**

Raspberry, vanilla pods, rose petals with a Rooibos base

Lemon Sherbert **2.2**

Lemon, orange, lime, citrus peel with a Rooibos base

Egyptian Nights **2.2**

Egyptian mint, whole Egyptian Chamomile flowers